

THANKS BUT NO TANKS!



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ERASMUS+ KA105 Training Course
March 7th- March 13th in Denmark

SUMMARY



Søholm 4H, youth organisation from Denmark invites you to join us for “Thanks but no Tanks”, a 7 day training course funded by ERASMUS+, from March 7th to March 13th! (**NB:** *Arrival day March 6th, departure day March 14th*)

The project will be hosted at DanHostel Amager, just a few kilometers from Copenhagen Airport, and a short metro trip from central Copenhagen.

The project is lead by the two amazing trainers with immense international experience, Marco Santos and Lorenzo Nava.

This training will be devoted to understanding non-violent actions and their creation and implementation. Participants will improve their competencies through non formal methods like brainstorming, group works, simulation, role play, open group discussion, open space for reflection and other methods.

Participants will gain new competencies in many different fields - non-violent communication, civic society building, peacebuilding, social pressure resistance.

AIMS & OBJECTIVES!



The aim of Thanks, but no tanks! is to provide an overview on how to transform conflicts via non-violent actions. In the modern age with migration crisis culminating and extremist political parties being active all over Europe, we feel the need of equipping youthworkers with skills of peacebuilding and non-violent communication, which they can transfer to youth.

Our objectives for the project are:

- promoting peace building by introducing past successful non-violent actions, that made real impact
- giving skills and tools for transforming conflicts in both personal and professional life.
- making participants aware of their role in civic society and promote activism and responsibility
- build on participant's current competencies in non-formal education and peacebuilding
- make participants able to spread the ideas and knowledge on non-violent actions to young people Europe-wide.

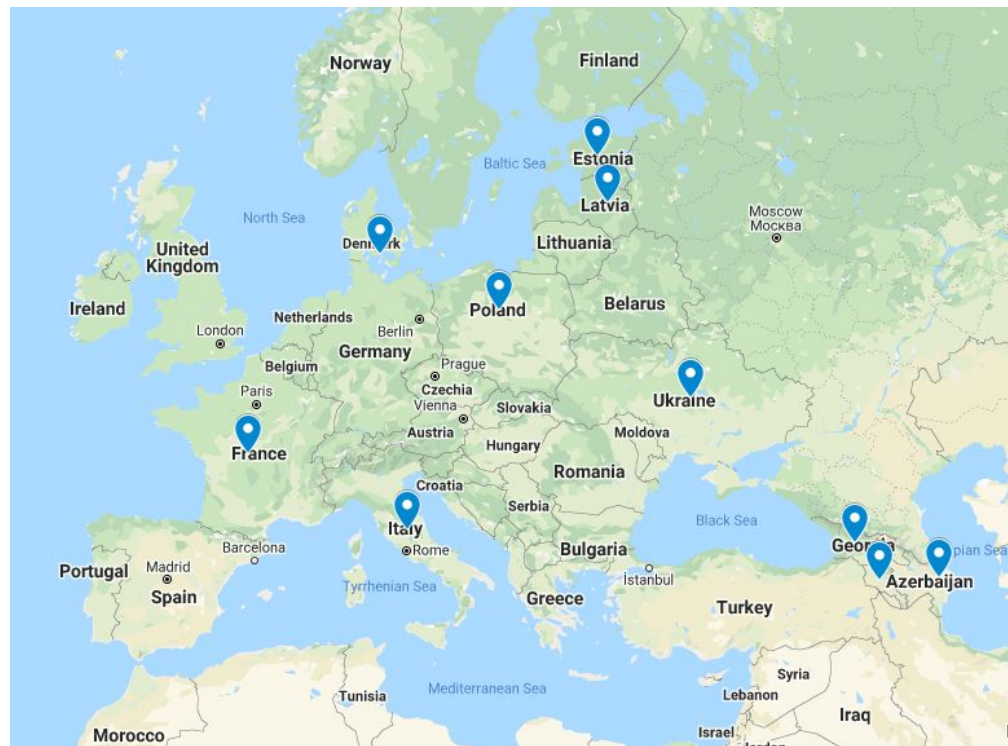
ORGANIZATIONS!



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We will bring together 30 participants from 10 countries:

- Denmark (Søholm 4H)
- Poland (NGO Logos Polska)
- Armenia (Loesje)
- Azerbaijan (GALAJAYA KORPU PUBLIC ASSOCIATION OF YOUTH)
- Estonia (MITTETULUNDUSUHING NOORED UHISKONNA)
- Georgia (ACADEMY FOR PEACE AND DEVELOPMENT)
- Latvia (Logos Latvija)
- Italy (Associazione Giovanile di Promozione Sociale Nous)
- France (Paragraf International)
- Ukraine (NGO EDUCATIO)



PARTICIPANT REQUIREMENTS!



- at least Intermediate level of English Language;
- have great interest in non-violent communication and peacebuilding
- motivation in attending the training course and participate actively;
- be eager to use knowledge gained during this TC in their communities and organizations;
- one of the participants should be the leader/project manager of the organization or a youth worker, who will have capacity to disseminate results of this project.
- 1 of 3 participants should be a person with fewer opportunities, facing social, economic or geographical obstacles.

Please bring some local food and drinks, specialties from your country for intercultural evening.

PARTICIPATION CONDITIONS!



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FOOD AND ACCOMMODATION will be fully covered by the organizers with support from ERASMUS+ programme.

INSURANCE AND VISA will not be covered.

TRAVEL COSTS will be covered based on travel distance (see below). BEFORE PURCHASING TICKETS, contact Søholm 4H to confirm tickets.

TICKETS bought without approval of hosting organization will not be covered.

PARTICIPATION in all sessions is expected. Travel costs will not be reimbursed with late arrival, earlier departure, failure to attend all sessions.

A total stay of 3 days before/after is allowed by Danish NA, but all costs except initial travel costs will not be covered.

IMPORTANT INFORMATION:

KEEP YOUR BOARDING PASSES, DON'T THROW THEM AWAY, or we won't be able to reimburse you.

Collect e-ticket, invoice, proof of payment. For train and bus tickets make sure the date, the itinerary and the price are visible on the ticket. We won't reimburse money for taxi.

We will try to reimburse everybody on the project, for that we ask you to find good prices of your tickets, otherwise we will only be able to reimburse you after the project by bank transfer. If you need advice what is the best and cheapest way to get to Denmark from your country, don't hesitate to ask.

REIMBURSEMENT TABLE



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Country (Pax No)	Maximum Reimbursement:
Italy (3)	225EUR
Armenia (3)	300EUR
Azerbaijan (3)	475EUR
Estonia (3)	225EUR
Latvia (3)	225EUR
Poland (3)	225EUR
Ukraine (3)	225EUR
Georgia (3)	300EUR
France (3)	225EUR

VENUE!

We will be staying at the hostel, DanHostel Amager, located close to the beautiful Amager Fælled as well as close to central Copenhagen.

Participants will be accommodated in 3 or 4 person bedrooms. Please expect comfort level of a very nice hostel.

LINNEN AND TOWEL will be provided.

We will be served regular danish cuisine. Typical Danish cuisine includes: BREAD (Wheat, Rye), EGGS, DAIRY, PORK, CHICKEN, BEEF, POTATOES, VEGETABLES.

IF YOU HAVE DIETARY REQUIREMENTS, the information needs to be entered in the application form in order to let the kitchen know of any changes.



IMPORTANT INFORMATION!



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Insurance and visa

WE STRONGLY ADVISE YOU TO TAKE OUT A FULL TRAVEL INSURANCE POLICY FOR THE DURATION OF YOUR STAY IN DENMARK. PLEASE NOTE INSURANCE COSTS OF ANY KIND WILL NOT BE COVERED.

YOU ARE RESPONSIBLE FOR ANY VISA APPLICATION PROCESS AND FEES. IF YOU NEED ANY DOCUMENTATION FROM SØHOLM 4H, DO NOT HESITATE TO CONTACT US.

We are happy to help as much as possible if you need any assistance.

The organization will not be able to reimburse you for any losses.

Special needs

In the application form, you will find space to fill in any special needs you might have.

It is very important that the organizers know of any needs so we can coordinate with the kitchen and volunteers to give you the best experience.

Currency and payments

Currency in Denmark is Dansk Krone (DKK), and no other cash is accepted in stores (Not even EUROs), HOWEVER, all stores take VISA and MASTERCARDS and it might be preferable instead of exchanging cash.

CONTACT AND APPLICATION FORM!



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You can find the application form here:

<https://forms.gle/QGTLwVfEgLnsSfwK9>

For more information, contact your local partner organisation or Søholm 4H:

Frederik Kirk

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We look forward to see you in Copenhagen!